

Ladder of Inference

A helpful model for checking biases, judgements, and assumptions by exploring the 'thinking steps' many of us unconsciously take to get from observations to actions.



Chris Argyris, 1982



Assumption Clearing

Use this tool to practice conscious communication - creating shared understanding, connection, and trust in our relationships.

ASSUMPTION

An assumption I'm holding about

_____ is _____.

IMPACT

The impact this assumption is having

on _____ is _____.

PRESENCE

What's here for me now is _____

_____.

